



Snoezelen-materials homemade

Price: € 29,50 excl postage- and transfercosts

227 pages including CD-ROM with

PowerPoint presentations:

- full colour prints of all the Snoezelen equipment.
- A virtual tour around the Snoezelen Centre of De Hartenberg, including numerous photographs and floor plans
- A virtual tour around the compound of the Hartenberg Centre.
- Snoezelen materials homemade, construction manuals, tips and practice related information.
- Snoezelen with people with dementia, a virtual tour around a nursery home
- Snoezelen in nature, information on how to create a sensory garden
- Snoezelen alternatives: Snoezelen in a special Riding School, Snoezelen in the swimmingpool

You can order this book and CD-Rom:

Ad Verheul

's Heeren Loo Midden - Nederland

regio Zuid Veluwe

sectie Dagbesteding

postbus 75

NL - 6710 BB Ede

Tel.: 0031 318 593580

Fax: 0031 318 593599

e-mail: ad.verheul@sheerenloo.nl

Index of the book

Foreword

Fundamental philosophy of Snoezelen- historical background, planning and concept

The term

History of the care of the mentally handicapped in the Netherlands

A different outlook on the mentally handicapped and care

Move to a flat sharing community-model

Changes in the material domain

Change of the philosophy

Financial structure and person bound budget system

Homecare

Part-time-living

Daily activities program

Additional grants

1 to 1 care

Wide range of activities

The development of Snoezelen

Reason

The development of Snoezelen in the Netherlands

First approaches in different institutions

The activities tent

The centre De Hartenberg

Theory of Snoezelen

Targetgroup

Neurological bases

Brain and nervous system

The sensory system

Definition, aims, principles

Company

Instruction of the staff

Technical instructions

To learn Snoezelen

Types of Snoezelen

Snoezelen in nature

Snoezelen in the living quarters

De Hartenberg's view on the Snoezelen-room

Statement

Atmosphere

Music

The Snoezelen-rooms in the centre De Hartenberg

Description of the Snoezelen-rooms in the centre De Hartenberg

The ball pond

The white room

The anteroom

The tactile and auditory room

The corridor

The Snoezelen-rooms of the centre Karlshof

Low-budget Snoezelen-rooms

Experiences with Snoezelen

Reactions of visitors

Reactions of parents

Reactions of staff members

Practice in the Snoezelen-rooms in the centre De Hartenberg in Ede, the Netherlands

Discussions on Snoezelen

Is Snoezelen aimed at relaxation or is it therapy?

Snoezelen programmes

Snoezelen materials homemade

Safety requirements

Maintenance

A fire resisting impregnating agent for tactile materials

Planning of Snoezelen-rooms meeting the requirements

Introduction

Needs

Room planning

Basics of room planning

Daylight in the Snoezelen-room

Selecting colours for the Snoezelen-room

Checklist for the planning of a Snoezelen-room

Door sign of a Snoezelen-room

Example of user regulation for the Snoezelen-room

Snoezelen in everyday practice

Feeling
Hearing
Looking
Tasting and smelling

A Snoezelen-room in the residential setting

A central Snoezelen-room outside the residential setting

Pros and cons
Size of the groups
The crewing
Timetables

A tactile room; tactile stimulation

Soft floors
A water bed
Experimenting with materials
Playing objects
Various tactile objects
Production of tactile objects
Tactile canvas sack
Tactile walls
Tactile boards
Construction manual tactile walls
Tactile boards with pebble stones and mussels
Tactile tree trunk
Tactile curtains
How to fix tactile mobiles on the ceiling
Special effects floors and walls
Tactile container
Tactile boxes
A tactile cube
Dolls and cuddly toys
Necklaces
Mobiles
Rigging rope tactile mobile
Bast fibre shower
Mobiles made of leather leaves
Fabric shower
Tactile mobiles
Tactile blanket
Dismountable carpet made of four elements
Tactile worms
Tactile snake
Pom poms
Mobile made of beads
Mobile made of wooden beads/chains
Tactile activity board with added elements
Tactile roll
Tactile column

Construction manual tactile boards
Rotating and tactile stones
Tactile path and hand rail
Hand rails with tactile fields and additional elements
Tactile path
Electronics and tactile objects
Temperature and light effects in tactile objects
Activity boards
A colour cube
Velcro and Magnet board
Foam rollers with activity boards
Threading game with acrylic glass tubes
Hot and cold air as a tactile sensation
A wind tunnel
Blower boxes
Soap bubbles as tactile or visual objects

An aural room: audible stimulation

A quiet room
Amplifier and speakers
Diagram of equipment we could use in an aural room
Headphones
Microphones and their uses
Echo units
The combination of light and sound
Light-organs
An illuminated wall
A sound rack
Jingle gloves
A vibrant box
A vibrant floor
Foot chimes
Technical working
Bells made of tins
Bamboo sound sticks
Bamboo sound box
Bamboo mobile
Marble Box
Soft rattles
Bottle-organ
Shake boxes
A music box
Vibrating fish board

A visual room, visual stimulation

Habituation
Projection room
Different kinds of projection
Liquids projection
Liquid projectors
Accessories for liquid projectors and lenses

A Table with projection-dimensions and distances
Liquid Wheels and cassettes
Film and slide projection
Liquids slides
Bubble units
Fibreoptic lamps
The use of mirrors: a mirror wall
Mirror walls
A mirror box
Light - mirror box
Convex mirror box
Mirror house
Infinity tunnel mirror
Flexible mirror frame
Tactile mirror
A mirror ball
Mirror mobile
Mirror cushion
Line lite (Fluoline)
Line lite (Fluoline) mirror
Line lite (Fluoline) waterfall
Line lite (Fluoline) floating bird
Fibre optic waterfall
Blacklight aquarium
Blacklight corner cupboard
An illuminated floor
Line lite (Fluoline) shower
The snoezelen-tube

Olfactory stimulation

Smell and taste
Offering taste sensations
Taste box
Smell wall with cold and hot air
Smells combined with tactile materials
Smells combined with hot and cold air
Smell tubes, bags and bottles
Smell box
Fragrant cushions
Sniffing post
Table of scents
Smell trays
What smell can we use?
Smell organ

The swimming pool as a Snoezelen-room

The sensory garden

Nature as educator
A natural sensory garden
Description of the project Schwarzacher Hof - garden of the senses

The sensory and Snoezelen garden with experience stations of the centre De Hartenberg
Play equipment to develop the senses
Who was Hugo Kükelhaus?
Construction manuals of experience stations
Windbanner
Call boxes
Sounding saucer
Triangle frame
Tactile path with tactile boxes
Tactile path
Tactile path with various materials
Mobile tactile boxes
Bamboo sound box
Gateway and sensory shower
Pebbles on steel pipe
Mobiles in sensory garden

Music and its applications within snoezelen

Recommended music

Bibliography

Snoezelen-materials /suppliers of Snoezelen equipments

Recommended information and websites about Snoezelen

Books, videos, DVD

Snoezelen in professional training

International additional qualification Snoezelen of the ISNA
Special program of the centre De Hartenberg

About the autor